

TAMIL NADU
in brief



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MGR medical university holds cardiology meet

The first national conference on Cardiopulmonary Rehabilitation was held at the Tamil Nadu Dr. MGR Medical University over the weekend, a press release said. The conference was jointly conducted by the Caridac Wellness Institute and the University. It was aimed at making healthcare professionals aware about the latest scientific developments in the field of heart and lung disorders. Regular exercise, a balanced diet, mental well-being and avoiding tobacco and alcohol are the key lifestyle factors in the prevention of premature death said V. Chockalingam, Emeritus Professor of Cardiology and scientific chairman of the conference.